Original Article

Pyrogallol Induces Apoptosis in Human Platelets

(apoptosis / γ-glutamyl transpeptidase / glutathione / mitochondrial membrane potential / platelets / thrombocytopenia / pyrogallol / polyphenol)

G. BRUGES¹, W. VENTURINI¹, G. CRESPO¹, M. LÓPEZ ZAMBRANO^{1,2}

¹Laboratorio de Hemostasia y Genética Vascular. Centro de Biofísica y Bioquímica. Instituto Venezolano de Investigaciones Científicas, Caracas, Venezuela ²Institute of Biochemistry, Medical School, Justus Liebig University, Giessen, Germany

Abstract. Pyrogallol is a polyphenol that generates the superoxide anion. In this study, we investigated the influence of pyrogallol on human platelets. Our data showed that exposure of platelets to pyrogallol induced numerous manifestations of apoptosis including depolarization of mitochondrial inner membrane and release of cytochrome c from the mitochondria. Pyrogallol also induced downstream extra-mitochondrial apoptotic responses, including activation of caspase-3 and phosphatidylserine exposure on the outer leaflet of the plasma membrane. Addition of glutathione significantly rescued cells from pyrogallol-induced apoptosis, as evidenced by a decrease of all markers of apoptosis. Thus, pyrogallol appears to produce depletion of intracellular glutathione content in platelets, the main non-protein antioxidant in the cells. Furthermore, inhibition of γ -glutamyl transpeptidase, an enzyme that plays the main role in the cellular supply of glutathione, reverted the glutathione (GSH) protection over platelet apoptosis. Our results indicate that pyrogallol induces apoptosis by suppressing the natural anti-oxidation in human platelets.

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Abbreviations: ACD – acid-citrate-dextrose, CCCP – carbonyl cyanide m-chlorophenylhydrazone, $\Delta\Psi$ m – mitochondrial potential, EGCG – epigallocatechin-3-gallate, γ GGT – γ -glutamyl transpeptidase, GSH – glutathione, JC-1 – 5,5',6,6'-tetrachloro-1,1',3,3'-tetraethylbenzimidazolylcarbocyanine iodide, O₂⁻ – superoxide anion, PRP – plasma rich in platelets, PS – phosphatidylserine, ROS – reactive oxygen species, SBC – serine/borate complex.

Introduction

The mechanism of apoptosis mainly involves two signalling pathways, the mitochondrial and cell death receptor pathways (Ashkenazi and Dixit, 1998; Budihardjo et al., 1999; Shi, 2002). The mitochondrial or intrinsic apoptosis pathway is controlled by the BCL2 family of proteins. In a healthy cell, pro-survival members (BCL2, BCL-XL, BCL2L2, MCL1 and BCL2A1) restrain the activity of pro-death BAK1 and BAX. Stress signals activate the BH3-only proteins, which liberate BAK1 and BAX to cause mitochondrial outer membrane permeabilization. Diffusion of cytochrome c from the mitochondria triggers formation of the apoptosome, and subsequent activation of caspase-9 and the rest of the apoptotic caspase cascade (Mehmet, 2000). The cell death receptor or extrinsic apoptosis pathway is characterized by the binding of cell death ligands and cell death receptors, and subsequently activation of caspase-8 and -3 (Hengartner, 2000; Liu et al., 2004). Caspase-3 is an executioner caspase, whose activation can systematically dismantle cells by cleaving key proteins such as PARP.

Platelets play an important pivotal role in haemostasis, thrombosis (Hvas, 2016) and wound healing (Nurden et al., 2008). Although platelets are anuclear, they exhibit a few characteristics of nucleated cells, such as protein synthesis, and undergo apoptosis.

The function of the apoptotic machinery remains unclear in human platelets. However, in the last few years, it has become apparent that apoptosis-like events, at least in part, are involved in platelet activation (Dale and Friese, 2006). Furthermore, the intrinsic apoptosis pathway plays an essential physiological role in platelet survival, and is an important regulator of platelet life span *invivo*(Zhangetal.,2007;Kile,2009). Phosphatidylserine exposure is the main "eat-me" signalling for apoptotic cell clearance. Recognition of phosphatidylserine by mononuclear phagocytes promotes apoptotic cell uptake, as well as immunoregulatory responses, including cytokine synthesis and secretion (Chung et al., 2007).

Moreover, it is known that activated platelets mediate inflammatory and immune responses by a variety of

Corresponding author: Mercedes López Zambrano, Instituto Venezolano de Investigaciones Científicas. Centro de Biofísica y Bioquímica, Lab. de Hemostasia y Genética Vascular. Carretera Panamericana Km 11. Caracas 1020A, Venezuela. Phone: (+58) 212-504-1903; Fax: (+58) 212-504-1093; e-mail: melopez73@ hotmail.com

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mechanisms, including release of cytokines and interactions with leukocytes (Weyrich et al., 2003; Vieira-de-Abreu et al., 2012). In consequence, platelets play crucial roles in the pathogenesis of varied clinical conditions where inflammation is important. Alterations in both platelet number and function have been observed with these different conditions (Thachil, 2015), for example, platelets from dengue patients have characteristics that are indicative of apoptosis, among them the exposure of phosphatidylserine (Hottz et al., 2013, 2014). Platelet apoptosis has also been reported in response to various stimuli such as pathological shear stress, platelet storage, hyperthermia, physiological agonists and some chemical compounds (Seghatchian and Krailadsiri, 2001; Leytin et al., 2006, 2009; Towhid et al., 2011; Leytin, 2012; Lien et al., 2013).

Polyphenols are naturally occurring plant metabolites (Tsao, 2010). Pyrogallol is a polyphenol that can generate the superoxide anion (O_2^{-}) (Yamada et al., 2003). This radical and other reactive oxygen species (ROS), such as hydroxyl radical, singlet oxygen, and hydrogen peroxide (H_2O_2) , have been implicated in the regulation of many important cellular events, including cellular proliferation and apoptosis (Kim et al., 2008). Pyrogallol has often been used to investigate the role of O_2^{-} in biological systems (Kim et al., 2008; Park et al., 2008). It was demonstrated that polyphenols containing the pyrogallol ring in their structures induce apoptosis in HEK293T and K562 cell lines (Mitsuhashi et al., 2008) and show anti-proliferative activity against human stomach cancer cells (Kinjo et al., 2002). Pyrogallol itself was shown to induce O2-mediated death/apoptosis of several types of cells, including human pulmonary adenocarcinoma Calu-6 cells (Han et al., 2008, 2009a), As4.1 juxtaglomerular cells (Park et al., 2007a,b), HeLa cells (Han et al., 2008; Kim et al., 2008), gastric cancer SNU-484 cells (Park et al., 2008), human hystiocytic lymphoma U937 cells (Saeki et al., 2000) and endothelial cells (Han et al., 2009b; Han and Park, 2010), among other cell types.

Recently, we demonstrated that epigallocatechin-3-gallate (EGCG) induces apoptosis in human platelets (Rosal et al., 2018), because EGCG contains a pyrogallol ring. In the present study, we investigated and characterized the effect of pyrogallol on platelet apoptosis. This is the first report of an apoptotic effect of pyrogallol in human platelets.

Material and Methods

Reagents

Pyrogallol, carbonyl cyanide m-chlorophenylhydrazone (CCCP), H_2O_2 and reduced L-glutathione (GSH) were purchased from Sigma-Aldrich Chemical Company (St. Louis, MO). FAM FLICA kit was from Immunochemistry Technologies (Bloomington, MN). This kit contains a carboxyfluorescein-labelled fluoromethyl ketone peptide inhibitor of caspase-3 (FAM-DEVD- FMK). Anti-cytochrome c antibody was purchased from Bio-Legend (San Diego, CA). JC-1 (5,5',6,6'-tetrachloro-1,1',3,3'-tetraethylbenzimidazolylcarbocyanine iodide), fluorescein isothiocyanate (FITC)-annexin V and PierceTM Western Dura kit were purchased from Thermo Fisher Scientific (Grand Island, NY). Pyrogallol was dissolved in H₂O at 100 mM as a stock solution. GSH stock solution (100 mM) was dissolved in phosphate buffer containing 5 mM EDTA.

Preparation of washed platelets

This study was approved by the Ethics Committee of the Instituto Venezolano de Investigaciones Científicas (Approval No. DIR-0997/1569/2016; 28.07.16) and conformed to the principles outlined in the Helsinki Declaration. Thirty-six (36) healthy volunteers were enrolled in this study and gave informed consent. In brief, blood was collected from healthy human volunteers, who had taken no medicine during the preceding two weeks, in a test tube containing acid-citrate-dextrose (ACD) anticoagulant (1:9). Plasma rich in platelets (PRP) was obtained by centrifugation at $160 \times g$ for 20 min at 22 °C. PRP was centrifuged at $1,200 \times g$ and the pellet containing the platelets was resuspended in 13 mM sodium citrate, 30 mM glucose, and 120 mM sodium chloride, pH 6.5 (CGS buffer). Platelets were washed two times with CGS buffer and resuspended in Tyrode's buffer (145 mM NaCl, 5 mM KCl, 10 mM HEPES, 0.5 mM Na, HPO, 1 mM MgCl, 6 mM glucose, 0.3% bovine serum albumin, pH 7.4). Platelets were counted by using a counter (Drew 3, Drew Scientific, Inc, Miami, FL) and the platelet concentration was adjusted as needed with Tyrode's buffer. Washed platelets were incubated for 1 to 2 h at room temperature for resting (Li et al., 2006). After this time, the platelets were ready for using in subsequent experiments.

Platelets' treatment

Platelets (5 × 10⁷/ml) were exposed to different concentrations of pyrogallol (0.1–300 μ M) at 37 °C in Tyrode's buffer. For evaluating the effect of GSH or the serine/borate complex (SBC; 2.5 mM L-serine/5 mM boric acid in Tyrode's buffer), platelets were exposed to either GSH or SBC during 30 min at 37 °C prior to pyrogallol challenge. Hydrogen peroxide, a classical apoptosis inducer (Singh et al., 2007; Wu et al., 2013), was used as positive control.

Measurement of mitochondrial potential (\Delta \Psi m)

Platelets (5 × 10⁷/ml) treated with pyrogallol were loaded with 0.5 μ M JC-1 at 37 °C for 10 min and subsequently, cells were centrifuged at 1200 × g for 10 min, resuspended in Tyrode's buffer and analysed immediately in a microplate reader. JC-1 is a cationic dye that accumulates in energized mitochondria. At low concentrations (due to low Δ Ψm), JC-1 is predominantly a monomer that yields green fluorescence with emission at 530 ± 15 nm. At high concentrations (due to high Δ Ψm), the dye aggregates, yielding a red to orange coloured emission (590 ± 17.5 nm). Therefore, a decrease in the aggregate fluorescent count is indicative of depolarization. JC-1 was excited at 488 nm, and fluorescence emissions were detected at 545 nm and 596 nm for JC-1 monomers and aggregates, respectively (Thushara et al., 2013). As a positive control, cells were treated with 20 uM CCCP, an agent known to disrupt $\Delta\Psi$ m (Lou et al., 2007).

To calculate the pyrogallol concentration that inhibits 50 % of the transmembrane potential (IC_{50}), we constructed a four parameter logistic dose-response curve by using GraphPad Prism® software and calculated the concentration of pyrogallol at which a 50% loss of fluorescence occurred.

Measurement of caspase-3 activity

Platelets (3 × 10⁸/ml) were incubated with pyrogallol at 37 °C for 45 min, followed by centrifugation at 1,200 × *g* for 10 min at room temperature. Then, platelets were resuspended in Tyrode's buffer containing FAM-DEVD-FMK, a carboxyfluorescein-labelled fluoromethylketone peptide inhibitor of caspase-3 (Amstad et al., 2000; Bedner et al., 2000), for 20 min at 37 °C in the dark. Analysis of caspase-3 activity was performed using a fluorescence microplate reader (excitation/emission 488/530 nm).

Evaluation of externalization of phosphatidylserine (PS) with FITC-annexin V

Platelets (5 × 10⁷/ml) were treated with pyrogallol and subsequently, they were transferred to an equal volume of ice-cold 1% (w/v) glutaraldehyde in Tyrode's buffer, followed by incubation with FITC-conjugated annexin V (0.6 µg/ml) for 10 min. Platelets were collected by centrifugation for 60 seconds at 3,000 × g and resuspended in Tyrode's buffer. FITC-annexin V binding was measured using a fluorescence microplate reader (excitation/emission 496/560 nm) (Rakesh et al., 2014).

Determination of cytochrome c release

Platelets $(3 \times 10^8/\text{ml})$ were incubated with different concentrations of pyrogallol for 45 min at 37 °C. Cytosolic proteins were obtained by three freezing-thawing cycles. Proteins were separated by using 10% SDS-PAGE followed by electroblotting to Immobilon® PVDF membranes for 1 h at 90 V in a Bio-Rad transfer system. Membranes were blocked with 10% bovine serum albumin in Tris-buffered saline with 0.1% tween-20 (TBST) for 2 h at room temperature and subsequently probed overnight with an anti-cytochrome c antibody (1:1,000) in TBST at 4 °C. The membranes were rinsed and incubated with a horseradish-peroxidase conjugated secondary antibody (1:8,000) in TBST. After the secondary antibody incubation, the membranes were rinsed, and bound antibodies were detected using enhanced chemiluminescence with a Pierce Western Dura kit (Rakesh et al., 2014). In all instances, gels were loaded with the same amount of proteins. B-Actin was used as loading control. The GelAnalyzer free software (http://www. gelanalyzer.com) was used to determine the individual band densities.

Statistical analysis

Statistical analyses were performed using GraphPad Prism, version 6.0 (GraphPad Software, San Diego, CA). The Kruskal-Wallis test was applied for comparing differences between three or more groups. The Dunn's test was used as post hoc test for comparing each two groups. Differences were considered significant when P < 0.05.

Results

Pyrogallol induced numerous manifestations of apoptosis in human platelets. First, exposure of platelets to pyrogallol induced depolarization of the mitochondrial membrane (Fig. 1). This effect was dependent on the incubation time. Thus, pyrogallol induced its maximum effect on $\Delta \Psi m$ dissipation after 30 min, as observed in a kinetic analysis (Fig. 1a). The effect of pyrogallol was also dose-dependent. It caused strong depolarization of $\Delta \Psi m$ (approximately 75 %) at 100 μ M for 45 min. The IC₅₀ for the pyrogallol-induced decrease in $\Delta \Psi m$ was 24.2 μ M, as calculated from the dose-response curve (Fig. 1b). The pyrogallol effect on $\Delta \Psi m$ was comparable to that of CCCP, a molecule that causes uncoupling of the mitochondrial proton gradient (see insert, Fig. 1a).

Following a drop of $\Delta\Psi$ m, cytochrome c can be released from mitochondria through the opened mitochondrial pores; therefore, we also evaluated whether pyrogallol induced cytochrome c release by western blot (Fig. 2a). As expected, very low levels of cytochrome c were detected in the cytosolic fraction of untreated platelets. Pyrogallol (at concentrations of 60 and 100 μ M) was very effective in triggering the release of cytochrome c in a dose-dependent manner.

Pyrogallol also induced downstream extramitochondrial apoptotic responses. In this context, we measured FITC-conjugated annexin V binding to platelets to detect PS exposure on the outer leaflet of plasma membranes by fluorescence intensity measurement. As shown in Fig. 2b, pyrogallol ($30-100 \mu$ M) induced significant PS exposure in comparison with untreated platelets. We also measured caspase-3 activation using a fluorochromelabelled tetrapeptide affinity ligand FAM-DEVD-FMK, which specifically and covalently binds to the active centre of this enzyme. Caspase-3 activation grew by increasing concentrations of pyrogallol. Figure 2c shows that it induced about two- and three-fold increases in caspase-3 activity at concentrations of 30 and 60 μ M, respectively, in comparison with untreated platelets.

In addition, we investigated the effect of GSH and SBC, an inhibitor of γ -glutamyl transpeptidase (γ GGT), on pyrogallol-induced platelet apoptosis. Figure 3a shows dose-response curves of mitochondrial potential in the presence of increasing GSH concentrations. The

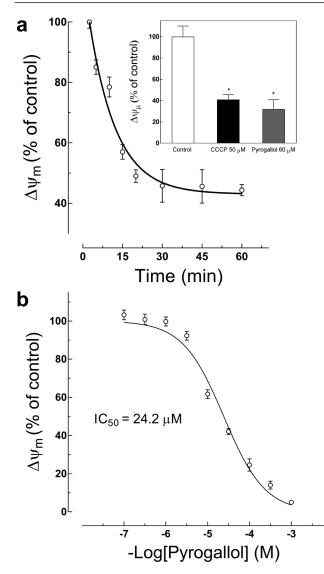


Fig. 1. Pyrogallol effects on mitochondrial potential. **a**) Kinetic analysis: Platelets were incubated with pyrogallol (60 μ M) at 37 °C for different time intervals. Insert: loss of $\Delta \Psi$ m in platelets incubated in the absence (open bar) or presence of 60 μ M pyrogallol (grey bar) or 50 μ M CCCP (black bar). **b**) Dose-response curve. Platelets were incubated for 45 min at 37 °C with different concentrations of pyrogallol. Data represent the mean \pm SEM of three independent experiments done in triplicate. *P < 0.05 vs control in the absence of pyrogallol.

curves of $\Delta \Psi m$ shifted to the right in the presence of 0.3 to 10 mM GSH. In consequence, the IC₅₀ increased in the presence of GSH in a dose-dependent manner (Fig. 3a, inserted table). Figure 3b also shows the decrease in $\Delta \Psi m$ induced by increasing concentrations of pyrogallol and the protective effect of 1 mM GSH. Consistently, inhibition of platelet γ GGT activity by SBC significantly reverted the GSH protection over $\Delta \Psi m$.

Next, we attempted to examine whether GSH and SBC affect other pyrogallol-induced apoptosis signals

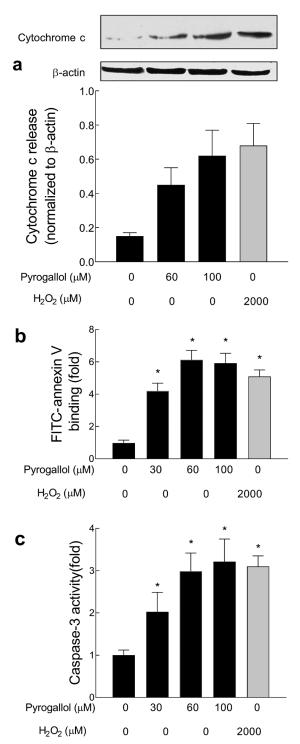


Fig. 2. Pyrogallol effects on apoptotic markers. **a**) Cytochrome c release in the absence or presence of 60 μ M or 100 μ M pyrogallol was evaluated by western blot using an anti-cytochrome monoclonal antibody. The graph shows the densitometric quantification of western blot bands using the GelAnalyser software. **b**) FITC-annexin V binding to platelets at different pyrogallol concentrations was quantified by using a microplate reader. **c**) Caspase-3 activity was evaluated using fluorescent probe FAM-DEVD-FMK in a microplate reader. Hydrogen peroxide (2000 μ M) was used as positive control. Data represent the mean \pm SEM of three independent experiments done in triplicate. *P < 0.05 vs control in the absence of pyrogallol.

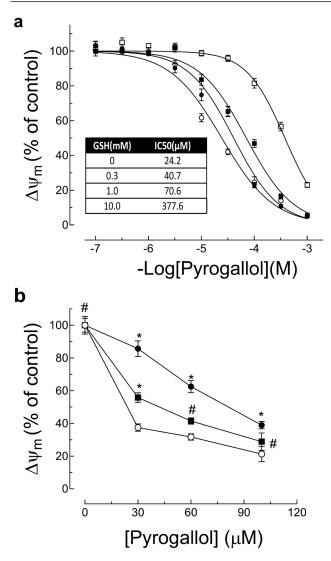


Fig. 3. Effect of GSH and SBC on pyrogallol-induced decrease of $\Delta\Psi$ m in human platelets. **a**) Dose-response curves in the absence (open circles) or presence of different GSH concentrations; 0.3 mM (closed circles); 1 mM (closed squares); and 10 mM (open squares). The IC₅₀ calculated by non-linear regression software are indicated in the inserted table. **b**) Platelets were incubated with increasing concentrations of pyrogallol alone (open circles) or in combination with 1 mM GSH (closed circles), or both 1 mM GSH and SBC (closed squares). Data represents the mean \pm SEM of three independent experiments done in triplicate. *P < 0.05 vs pyrogallol-treated group, #P < 0.05 vs pyrogallol and GSH-treated group.

in platelets. We found that GSH completely reverted the cytochrome c release in pyrogallol-treated platelets to the level of the untreated group, while SBC significantly reverted the antiapoptotic effects of GSH on the cytochrome c release (Fig. 4). Likely, GSH also prevented the FITC-annexin V binding (Fig. 5a) and activation of caspase-3 (Fig. 5b) in pyrogallol-treated platelets, while SBC completely blocked the anti-apoptotic effects of GSH on both caspase-3 activation and PS exposure.

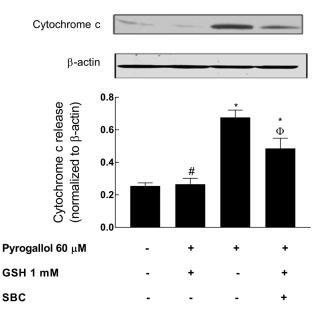


Fig. 4. Effect of GSH and SBC on pyrogallol-induced cytochrome c release in human platelets. Platelets were untreated or treated with 60 μ M of pyrogallol alone or in combination with 1 mM GSH, or both 1 mM GSH and SBC. Cytochrome c release was determined using an anticytochrome monoclonal antibody by western blot. The graph shows densitometric quantification (N = 3/group) of western blot bands using the GelAnalyser software. *P < 0.05 vs untreated platelets, #P < 0.05 vs pyrogallol-treated group, Φ P < 0.05 vs pyrogallol and GSH-treated platelets.

Thus, the levels of caspase-3 activity and FITC-annexin V binding in platelets treated simultaneously with pyrogallol, GSH and SBC were similar to those observed in pyrogallol-treated platelets (Fig. 5a,b).

Discussion

Platelet apoptosis has been reported in response to various stimuli such as pathological shear stress, platelet storage, hyperthermia, physiological agonists and some chemical compounds (Seghatchian and Krailadsiri, 2001; Leytin et al., 2006, 2009; Towhid et al., 2011; Leytin, 2012; Lien et al., 2013). Recently, we demonstrated that EGCG induces apoptosis in human platelets (Rosal et al., 2018). EGCG is the most abundant flavonoid present in extracts derived from green tea leaves, which has various beneficial effects related to its antioxidant properties (Kinjo et al., 2002). Due to the special structure of EGCG, which contains a pyrogallol ring, we investigated whether pyrogallol alone can influence the platelet apoptosis. To our knowledge, this is the first report about the apoptotic effect of pyrogallol on human platelets.

Our data showed that exposure of platelets to pyrogallol induced numerous manifestations of apoptosis including depolarization of the mitochondrial inner membrane. In particular, the effect of pyrogallol on the platelet $\Delta \Psi m$ was dose-dependent, with an IC₅₀ of 24.2

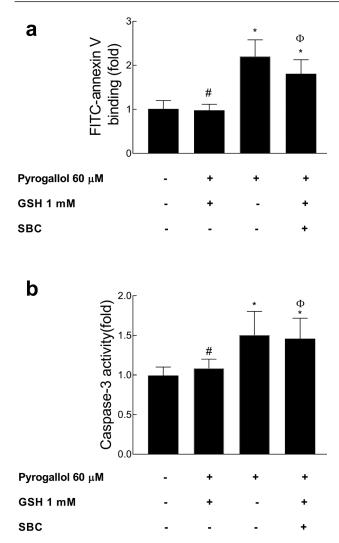


Fig. 5. Effect of GSH and SBC on FITC-annexin V binding and caspase-3 activity. Platelets were untreated or treated with 60 μ M of pyrogallol alone or in combination with 1 mM GSH, or both 1 mM GSH and SBC. **a**) Phosphatidylserine externalization was quantified using FITCannexin V fluorescence with a microplate reader. **b**) Caspase-3 activity was evaluated using fluorescent probe FAM-DEVD-FMK in a microplate reader. Data represents the mean ± SEM of three independent experiments done in triplicate. *P < 0.05 vs untreated platelets, #P < 0.05 vs pyrogallol-treated group, $^{\Phi}P < 0.05$ vs pyrogallol and GSHtreated platelets.

 μ M. This value was about two-fold higher than the EGCG-induced loss in $\Delta \Psi$ m (IC₅₀ = 10.2 μ M) (Rosal et al., 2018), which might be due to the presence of more polyphenolic groups in EGCG in comparison with the pyrogallol molecule.

Mitochondria are highly susceptible to ROS attacks inducing dissipation of $\Delta \Psi m$. The intrinsic apoptotic pathway is principally mediated by caspase-9, which is activated by itself bound to the apoptosome complex along with cytosolic cytochrome c. In concordance, pyrogallol also induced release of cytochrome c from the mitochondrial intermembrane space into the cytosol in a dose-dependent manner.

Besides triggering the intrinsic apoptosis pathway, pyrogallol induces downstream extra-mitochondrial apoptotic responses, including activation of apoptosis executioner caspase-3 and PS exposure on the outer leaflet of the platelet plasma membrane.

In addition, our data indicate that the effect of pyrogallol is exerted through the depletion of GSH. Thus, increasing GSH concentrations reversed the pyrogallolinduced apoptotic effect, while inhibition of the platelet γ GGT activity by SBC blocked consumption of extracellular GSH and impaired the antiapoptotic effect of GSH in platelets treated with pyrogallol. These results are in agreement with the studies demonstrating that pyrogallol induces apoptosis in several cell types through depletion of the intracellular GSH content (Park et al., 2007b). Indeed, the main non-protein antioxidant in cells, GSH, has been shown to be crucial for the regulation of apoptosis (Han et al., 2008). GSH is able to clear away O_2 and provide electrons for enzymes such as glutathione peroxidase, which reduce H₂O₂ to H₂O. The intracellular GSH content has a decisive effect on druginduced apoptosis, indicating that apoptotic effects are inversely correlated to the GSH content (Higuchi and Yoshimoto, 2002, 2004). Moreover, GSH biosynthesis by way of the γ -glutamyl cycle is important for maintaining GSH homeostasis and normal redox status. As the only enzyme of the cycle located on the outer surface of plasma membrane, γ -glutamyl transpeptidase plays key roles in GSH homeostasis by breaking down extracellular GSH and providing cysteine, the rate-limiting substrate, for intracellular *de novo* synthesis of GSH (Gurdol et al., 1995; Jiang et al., 2013).

Platelet apoptosis induced by therapeutics is one of the major causes for thrombocytopenia (Gandhi et al., 2011; Thushara et al., 2014). The use of antibiotics, antitumour drugs and other biological therapeutics are reported to induce thrombocytopenia, probably due to that their effects on platelets are similar or even stronger than those on their target cells. Our data showed pyrogallol-induced loss of $\Delta\Psi$ m in platelets with an IC₅₀ of 24.2 μ M, while this value for the loss of transmembrane potential in HeLa cells and SNU-484 cells was 45–50 μ M (Han et al., 2008; Park et al., 2008), indicating that platelets are more sensitive to pyrogallol than tumour cell lines.

Taken together, our results show that exposure of platelets to pyrogallol induced numerous manifestations of apoptosis. Pyrogallol might produce depletion of the intracellular GSH content in platelets. Therefore, addition of GSH significantly reversed pyrogallol-induced signals of apoptosis, reducing the damage induced by superoxide stress. Consistently, inhibition of the platelet γ GGT activity by SBC blocked consumption of extracellular GSH and impaired the anti-apoptotic effect of GSH in pyrogallol-treated platelets. Pyrogallol seems to disturb the natural oxidation and reduction equilibrium in human platelets. Because platelet apoptosis induced

by therapeutics is one of the major causes for thrombocytopenia, it is worth highlighting the importance of investigating the possible adverse effects of new potential therapeutic drugs by inducing platelet apoptosis and in consequence, thrombocytopenia.

Disclosure of conflicts of interest

The authors declare no conflicts of interest in the research.

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